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About ki - kou

Ki-kou reimagines the living cultural heritage of Nara as an unprecedented bespoke experience that fuses the "Journey of Knowledge," "Sensual Immersion," and "Privacy." A premium immersive program designed for those drawn to spiritual culture.

Beyond closed doors that ordinary tourists cannot reach are "Memories" waiting to be found.

Immerse yourself in the depths of history on a journey that awakens the senses.

**Old History,  
New Discovery.**  
NARA CITY

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The glow of lanterns, the resonance of chanted sutras, the texture of wood. The scent of aromatic wood, a single dish made from wild plants.

When you surrender to the spaces of prayer and healing in Nara,

all five senses quietly sharpen and your awareness turns from the outer world to deep within, guiding you gently toward renewal.



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Planning

Nara City Tourism Association  
(Public Interest Incorporated Association)  
Silkia Nara 2F, 8-1 Sanjo Honmachi,  
Nara 630-8122

Inquiries

Please use the QR code on the right for inquiries.



Official site



Inquiry form

# A thousand years of stillness encountered through the five senses—another side of Nara.

Ki-kou offers exclusive stays that combine "Journeys of Knowledge" with the "Senses."

Through sight, sound, scent, taste, and touch, the spaces of Nara where history and spirit run deep will seep quietly throughout your mind and body.

All of this will serve as an "Awakening" that transcends the boundaries of tourism.



## Landscapes of prayer, felt through the five senses

The prayers and aesthetics that live and breathe in this ancient capital speak softly through the five senses.

As the senses sharpen, the true essence of Nara, unreachable through "Sight" alone, begins to reveal itself.

Contemplate

As the light and shadow shift, the mind becomes profoundly clear.

Resonate

Chanted sutras and the sounds of the forest merge with inner stillness.

Revere

Prayer begins to dwell in the act of placing palms together.

Nourish

A highly nourishing dish gently satisfies from within.

Inspire

The scent of aromatic woods and forest quietly unravels emotions.

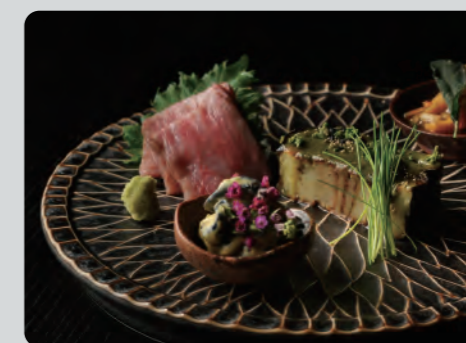


## Experience prayer through sight, sound, and touch

The glow of lanterns, the resonance of sutras, the touch of your hands against woods. Tour historic shrines and temples and experience the memories of a thousand years of prayer through your sight, hearing, and touch. Their forms, emerging from the silence, embody a wisdom that has survived for millennia.

In this place where prayer and spirit, space and form intersect, you will experience more than just seeing—feeling, a sense of observation. This will be a moment to rediscover the world that exists between the gods and Buddhas and us. You will encounter the power of space, which is difficult to access in modern times.

The aesthetics of "ma" (space between spaces) will calm your mind and sharpen your sense of time. Your senses will be opened, and you will feel the "Signs of Time" on your skin—This is what a special stay is like.



## Nourish yourself through scent and taste

Forest aromas, medicinal herbs, and the subtle nourishment of wildflowers in bloom. Through a healing gastronomic experience unique to this land, follow scent and taste into a gentle rebalancing of body and mind—a quiet interlude of renewal.

## A restful stay

A one-of-a-kind accommodation experience where you can feel the spirituality and stillness of ancient Nara. A special "Knot in Time" where ancient culture and modern aesthetics quietly converge.

In the stillness, sensibility and memory slowly grow clearer, and what emerges is a "Reimagined Time" that transcends tourism, an extraordinary experience that heals both body and mind.

